



Thyroid Support

Nutritional support for the glands that control metabolism

Thyroid Support helps build the thyroid gland and improve its function by providing materials the body can use to maintain a healthy thyroid gland and produce an adequate supply of the hormones secreted by the thyroid.

The thyroid gland produces hormones which play an important role in a wide variety of body processes. Thyroid hormones help the body to burn fat and regulate body temperature. Hypothyroidism (low thyroid) can result in fatigue, loss of appetite, cold hands and feet, weight gain, skin problems, reproductive problems, hair loss, depression and slow speech.

Hypothyroidism is wide spread in the United States. This may be due to inadequate intake of iodine, or to a wide variety of toxins that may depress thyroid function, including chlorine and fluoride from tap water, radiation and certain medications. For some, increasing iodine intake by taking a formula of iodine rich herbs such as Thyroid Activator (KC-X) or TS II is sufficient. But for others, this is not enough.

Thyroid Support offers a stronger boost for thyroid function and may be helpful in cases where herbs alone are insufficient. It contains natural thyroid substance from raw glandular tissue as well as nutrients that feed the thyroid and aid in production of thyroid hormones. Here is what it contains:

Thyroid substance is thyroid tissue from healthy animals raised in a pollution free environment. This thyroid glandular substance contains a small amount of thyroid hormones, thus directly supplementing the body's supply. Thyroid tissue also contains all the nutrients needed for a healthy thyroid.

Pituitary and **hypothalamus** substance are also a part of this formula. The hypothalamus and pituitary send thyroid-stimulating hormone TSH to the thyroid gland to trigger production of

thyroid hormones. If these glands are weak, then the thyroid may not receive the stimulus it needs to function properly. Pituitary and hypothalamus glandulars help to feed these glands and supplement their hormone production.

Protease, a protein digesting enzyme, is included in this formula to aid in the breakdown of the glandular substances in the digestive tract. This helps ensure a person gets the full value of the glandulars.

L-tyrosine is the amino acid used as the foundation building block in the production of the thyroid hormones known as T4 and T3 (T4s active metabolite). Low plasma levels of this amino acid are associated with hypothyroidism.

Kelp is a sea vegetable that is rich in iodine, an essential element in manufacturing thyroid hormones. Kelp actually contains a precursor to thyroxin, the principle thyroid hormone, so it is very beneficial in aiding an underactive thyroid.

Stinging nettle is a mineral rich herb that helps to provide a favorable pH for the absorption of iodine, which has a very narrow pH range for assimilation.

Vitamin B₆ is used in a wide variety of metabolic processes, including the production of thyroid hormones.

Zinc, Copper and **Manganese** are trace minerals important for many cellular functions, including proper function of the thyroid gland.

Typical use is 2 capsules twice daily with food.

When taking supplements to rebuild the thyroid gland it is best to use cruciferous vegetables in moderation as these vegetables tend to inhibit thyroid function. They include cabbage, broccoli, kale and brussels sprouts. Thyroid Support is not recommended for hyperthyroidism, where the thyroid gland is overactive.

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