



Milk Thistle Combination

Improved successor to LIV-Guard protects and builds liver function

The liver performs over 500 functions. It processes nutrients for other organs in the body, stores sugar to stabilize blood sugar levels, breaks down toxic compounds in the body, and produces bile to digest fats. The liver is the organ of fat metabolism and detoxification of fat soluble poisons.

Keeping one's liver in good working condition can be a challenge in our modern world. The liver must process many of the chemicals we encounter in our environment, from pesticide residues and food additives to chemicals in the air we breathe and the water we drink. The diet of highly refined and nutrient-depleted foods that most Americans eat challenges the liver to keep up with its load. Add to that the consumption of hepatotoxic (liver poisoning) substances like alcohol and many drugs, which can do serious damage to the liver.

Moderate liver dysfunction is involved in a wide variety of health problems including digestive upset, nausea, diarrhea, poor fat digestion, headaches, hot flashes, hypoglycemia, PMS symptoms, uterine fibroids, prostate problems, skin eruptions like acne and hives, allergies, anemia and high cholesterol levels. Liver stress is probably a part of many chronic diseases including cardiovascular disease, diabetes, arthritis, and even cancer.

Anyone who works around chemicals or is exposed to a lot of environmental toxins needs to provide liver support to protect it from these substances and enhance its detoxifying capacity. This is exactly what Milk Thistle Combination does.

Milk Thistle Combination contains the following nutrients, known to aid liver function:

Milk Thistle Extract

Researchers found that milk thistle contains silymarin, an antioxidant phytochemical complex that helps protect the liver from damage. It strengthens the integrity of liver tissue and protects it against a wide variety of hepatotoxic substances. Milk Thistle

Combination contains a standardized extract that provides an 80% concentrate of silymarin.

Dandelion

The root of the common dandelion is a bitter herb that helps support liver function. It aids liver detoxification and increases the liver's production of bile. Bile is the fluid that carries waste away from the liver.

N-Acetyl-Cysteine

This substance, built on the amino acid cysteine, helps the liver make glutathione, a powerful antioxidant that increases cellular detoxification. This helps the liver by preventing free radical damage and enhancing its ability to remove waste products and irritants.

Vitamins

This formula also contains several vitamins that are needed for the liver's detoxification processes. Beta carotene and vitamin C are needed in large amounts by the liver. Beta carotene is a fat-soluble vitamin that can be metabolized into vitamin A, which is concentrated in the liver and protects fats from oxidative damage. Vitamin C is a water soluble antioxidant vitamin. Besides being protective against free radical damage, it is required to make collagen to maintain healthy connective tissue.

Choline bitartrate and inositol are lipotropic; they increase the transportation and metabolism of fat in the liver. This reduces fatty liver congestion, which is common in developed countries. These are "unofficial" B vitamins that protect against liver scarring and help prevent cirrhosis and high cholesterol.

This improved Milk Thistle Combination is a superior product that gives results. It is effective with just a couple of capsules a day.

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