



Thai-Go

Powerful Antioxidant Supplement for Protection from Free Radicals

Research continues to show that free radical damage and inflammation are primary causes of aging and degenerative diseases like cancer and heart disease. Antioxidants are nutrients, primarily found in plants, which prevent free radical damage and reduce inflammation.

Research shows that people who eat lots of fresh fruits and vegetables, known to be loaded with natural antioxidants, have less degenerative disease. As a result, many nutritionists are recommending we should eat 5-7 generous servings of fresh fruits and vegetables every day. Unfortunately, research also shows that very few people actually do this.

For those who are on-the-go and having a hard time getting their fruits and vegetables, a convenient way to get more antioxidants into the diet is to take Thai-Go. Thai-Go is a blend of fruit juices and other botanical ingredients that are rich in naturally occurring antioxidants such as polyphenols, flavonoids, xanthones and vitamin C. This powerful formula also reduces inflammation, relieves pain, and enhances energy production. Its ingredients include:

Mangosteen Fruit Juice (Reconstituted)

Mangosteen is a tropical fruit which is highly praised for its luscious flavor. Mangosteen is very high in compounds called xanthones, some of the most powerful antioxidants discovered to date. Two of the most beneficial xanthones in mangosteen are alpha mangostin and gamma mangostin. These compounds have been shown to be antibiotic, antiviral and anti-inflammatory. They have histamine-blocking actions and may help protect arteries from damage. Mangosteen has also been found to have antifungal activity.

Wolfberry Lycium Fruit Extract

Lycium is a major Chinese tonic herb. The fruits are a rich source of vitamin C. They protect the liver against damage from exposure to toxins. The berries are also used in China as a blood, liver and kidney tonic. They have a cooling quality, reducing fever, sweating, irritability and thirst. They have been used to stop nosebleeds, reduce the vomiting of blood and help with failing eyesight. They have also

been used for dizziness, tinnitus, blurred vision and wasting conditions.

Green Tea Leaves Extract

This traditional beverage of the Orient has been found to contain powerful antioxidants called polyphenols.

Sea Buckthorn Fruit Extract

Sea Buckthorn grows mainly in sandy coastal areas and dry riverbeds in mountainous regions. The berries are very high in vitamin C and have been used to enhance the immune system's ability to resist infection.

Concord Grape Juice Concentrate, Red Grape Concentrate, Red Grapeskin Extract, Red Grapeseed Extract

Red grapes contain proanthocyanins, powerful antioxidants with protective effects against cancer, heart disease and liver damage. Proanthocyanins stimulate hair growth, improve venous circulation and aid eyesight. Grapes have been traditionally used to treat varicose veins, hemorrhoids and capillary fragility. The nutrient content of grapes is close to that of blood plasma, which is why grape fasts have been used for detoxification.

Blueberry Concentrate, Red Raspberry Concentrate, Apple Fruit Extract

These fruit juice products don't just add flavor to Thai-Go, they are also loaded with antioxidants and other valuable nutrients. For instance, blueberries are rich in anthocyanins, which have protective effects against free radical damage to the eyes and blood vessels.

Recommended Use

Take one ounce of Thai-Go daily—two tablespoons twice daily. It tastes great by itself and can also be combined with water or fruit juice.

Suggested Further Reading:

Herbal Therapy and Supplements by Merrily A. Kuhn and David Winston
PDR for Herbal Medicines by Medical Economics Company
The ABC+D Approach correspondence course by Steven H. Horne
The Encyclopedia of Medicinal Plants by Andrew Chevalier

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